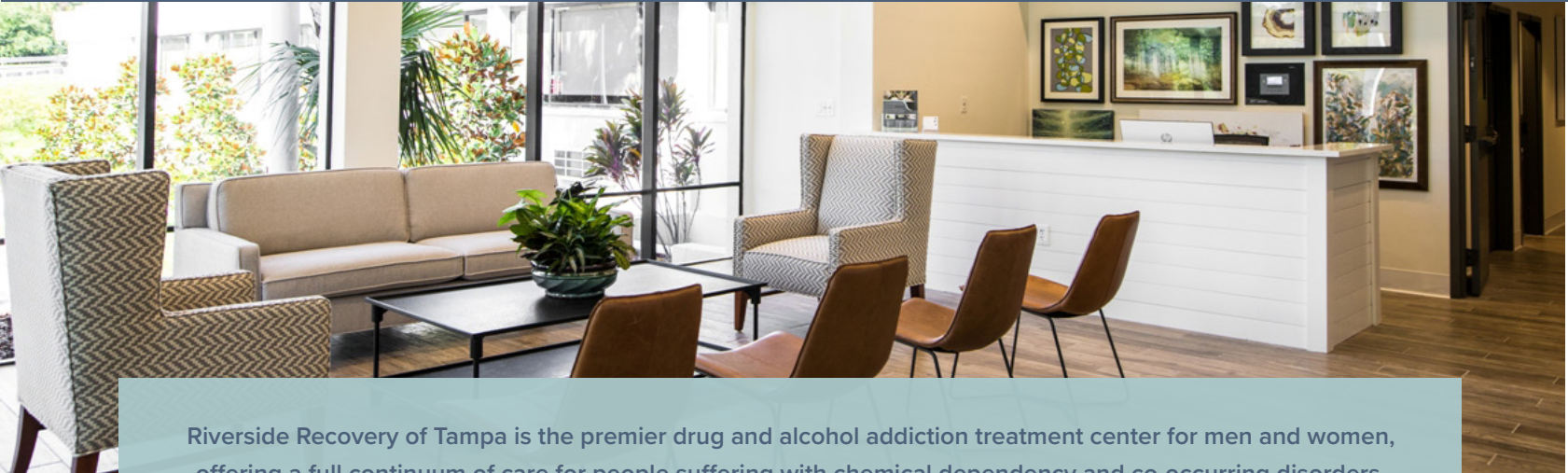


# RIVERSIDE RECOVERY



Riverside Recovery of Tampa is the premier drug and alcohol addiction treatment center for men and women, offering a full continuum of care for people suffering with chemical dependency and co-occurring disorders.

## LEVELS OF CARE

Our comprehensive treatment program offers every level of care all under one roof. We assess each client's treatment needs and provide the individualized approach needed to break free from addiction and sustain long term recovery.

### DETOXIFICATION

Our program provides medical intervention in a peaceful setting, with compassionate staff committed to making the process as comfortable as possible to protect from life-threatening withdrawal symptoms.

### RESIDENTIAL TREATMENT

We provide a highly structured, supported environment where clients gain knowledge of their addiction and learn the skills needed to recover and heal. Treatment is delivered in both group and individual formats.

### PARTIAL HOSPITALIZATION

Designed as a step down from residential, participants live at Riverside or off site and attend our structured clinical programming daily. Clinical programming includes individual, group and family therapy, psycho-education, life skills and therapeutic physical activity.

### INTENSIVE OUTPATIENT

Clients have the flexibility to continue recovery and tend to daily responsibilities, such as work and family. As a vital piece of the recovery process, this structured program provides ongoing clinical support needed to integrate recovery skills into everyday life.

### OUTPATIENT TREATMENT

Outpatient is ideal for those clients who are seeking long term support while maintaining accountability in recovery. Clients attend a treatment group weekly where they receive education, positive feedback, and peer support.

## CLINICAL PROGRAM

Our multidisciplinary approach addresses the needs of the whole person—mind, body, and spirit.

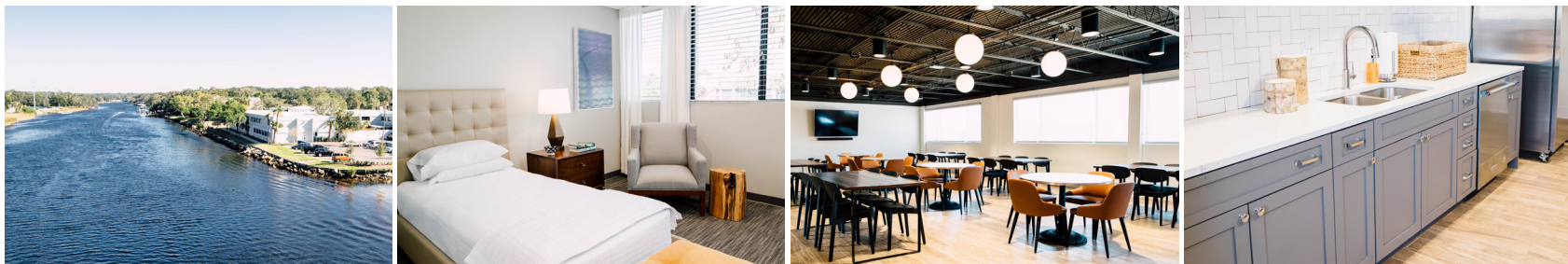
- Group and Individual Therapy
- Cognitive Behavioral Therapy (CBT)
- Motivational Interventions
- Psychoeducation
- Recovery Facilitation (12 Step, SMART Recovery, Celebrate Recovery)
- Accelerated Resolution Therapy (ART)

## RECOVERY METHODS

- Experiential Therapy
- Physical Therapy
- Art Therapy
- Biofeedback
- Mindfulness
- Sound Therapy

## CAMPUS AMENITIES

- Located on the beautiful Hillsborough River
- 60,000 square foot facility houses all our programs
- Swimming pool
- Half-court basketball gymnasium
- Fishing
- Meditation garden
- Exercise room with weight and elliptical machines
- Physical training
- Massage Therapy
- Aromatherapy



CONVENIENT 15 MINUTE DRIVE TO TAMPA INTERNATIONAL AIRPORT